



ALAGAPPA UNIVERSITY



DEPARTMENT OF LIFELONG LEARNING

MAGAZINE -2022





“My Happiness is boundless, limitless, because my happiness does not consist naturally in my own happiness, but my happiness consists in the happiness of the thousands of students young and old, boys and girl that read in our vast educational campus”

- Dr.RM.Alagappa Chettiar



Prof.G.Ravi, Ph.D., D.Sc.
Vice Chancellor
Alagappa University



Prof.S.Rajamohan
Registrar i/c
Alagappa University



From the Chief Editor

It is with delight and gratitude I write this editorial as the Chief Editor. I hope that this departmental magazine presenting the most significant academic events that happened during 2022 in the Department of Lifelong Learning will regale the readers. I pay my indebtedness to our Honorable Vice Chancellor Prof.G.Ravi and Prof.S.Rajamohan, Registrar i/c, Alagappa University for the unstinted support and motivation rendered to the department in bringing out this departmental magazine 2022.

A item of note worthy news is that the University is placed in the 251-260 ranking bandwidth in QS Asia ranking and it is positioned in the 401-500 ranking bandwidth in Times Higher Education World University ranking. The write ups on the other academic events and extra-curricular activities will be equally interesting and worth reading.

I pay my gratitude to the faculty of Department of Lifelong Learning Dr.M.Neethiperumal, Shiju Nathaniel Mathew, David Rathina Bharathi for the overwhelming support rendered to me in bringing out this magazine successfully. My sincere appreciation to the students of the Department of Lifelong Learning.

**- Dr.N.Johnson
Chief Editor**

Life skill Training workshop – 22.03.2022

The Department of Lifelong Learning has conducted Life skill Training workshop for students of Alagappa Model Higher Secondary School on 22.03.2022. Mr.Rajapandian Head Master, Alagappa Model Higher Secondary School welcomed the students and faculty members. He highlighted the fruitfulness of value and moral education in school curriculum. The key note was delivered by Dr.A.Balu, Principal, Alagappa University College of Education. He stressed on the need of Life Skill Education in Today's Era. Further, he also suggested ways of becoming a successful citizen of the country. Dr.N.Johnson, Assistant Professor & Head i/c and Dr.M.Neethiperumal, Faculty members conducted the Life skill training workshop on Self - awareness, Communication, Thinking and Problem solving skill. Different Life Skill training games was conducted for the students. Vote of thanks was delivered by one of the student's participant.



International Workshop – 23.03.2022

The Department of Lifelong Learning has conducted International Workshop on “Resilience Enhancement programme for students” on 23.03.2022. The various themes covered in the workshop are Goal Setting and Planning, Positive Reframing, Effective Social Support, Assertiveness, Breathing for Relaxation and Mindfulness. The workshop was conducted by Dr.Oliver C.Robinson, Associate Professor, School of Human Sciences, University of Greenwich, London. The workshop was attended by B.Ed students of Alagappa University College of Education and the Students of Department of Lifelong Learning.

Awareness Programme - 27.04.2022

The Department of Lifelong Learning has organized a one day Awareness Programme on “Life skill Education” on 27.04.2022. Dr. N. Johnson, Head i/c, Department of Lifelong Learning welcomed the gathering. In this programme, Dr. K. Gunasekaran, Member of Syndicate, Alagappa University, Karaikudi presided over the programme. In his presidential address, he spoke about the different life skills that are essential for us to live in the society. He also highlighted significance of life skill education for school students to become good citizen in society. Mr. S. Venkata Muthu Natesan, Headmaster, Ramanathan Chettiar Municipal High School delivered felicitation address. Prof. J. Sujathamalini, Dean, Faculty of Education, Alagappa University delivered a keynote address. In her keynote address, she explained priorities of life skill education in the modern era and also motivate the students to improve their life skills in the school periods. Dr. P.Velayutharaja, Assistant Professor, Department of History, Alagappa Government Arts College, Karaikudi delivered special address. In his special address, he spoke about different historian and their success stories. He also narrated historical stories to motivate school children to become successful in society. Dr.M.Neethiperumal, Adjunct Faculty, Department of Lifelong Learning delivered vote of thanks.



Workshop - 08.04.2022

The department of Lifelong Learning organized a programme on Life Skill Education for the commerce students at Nachiappa Swamigal Arts and Science College, Koviloor on 08.04.2022.

Prof.V.Manickavasagam, Principal gave welcome address. Dr. N. Johnson, Head i/c, Department of Lifelong Learning delivered the special address. In his address he highlighted on the life skill education for commerce students. Financial literacy, Communication skills, Time management, Critical thinking, Leadership skills, Networking skills and Emotional intelligence were discussed during the session. Dr.M.Neethiperumal, teaching assistant, Department of Lifelong Learning spoke on the importance of interpersonal relationship. The student participant delivered the vote of thanks. Nearly 55 students attended the programme and gave a positive feedback about the workshop.



National workshop - 04.05.2022

The Department of Lifelong Learning has organized a National workshop on “Life skill Education for sustainable Development” on 04.05.2022. Dr. N. Johnson, Head i/c, Department of Lifelong Learning welcomed the gathering. In this workshop, Prof. V. Manickavasagam, Former Registrar, Alagappa University, Karaikudi presided over the workshop. In his

presidential address, he spoke about the need of life skill education for every individual who achieve and survive in society. He also emphasized the present status of life skill education in the minds of individuals and also how to improve the welfare of individuals to live in harmony. Prof. B. Dharmalingam, Former Director, Alagappa Institute of Skill Development delivered a special address. In his special address, he explained value of life skill education for the younger generation and also revealed the icons to improve life skills for making happy life for the individuals in society. Dr.A.Balu, Principal i/c, College of Education, Alagappa University delivered felicitation address followed by Dr. J.E. Merlin Sasikala, Faculty delivered her felicitation address. Dr.M.Neethiperumal, Adjunct Faculty, Department of Lifelong Learning delivered a vote of thanks.



National Workshop - 05.05.2022

The department of Lifelong Learning in collaboration with Dr.Umayal Ramanathan college for Women, Karaikudi organized one day capacity building workshop on Soft skills on 05.05.2022 at Umayal Ramanathan Colloge for women, Karaikudi. Dr.L.Visalatchi, Vice Principal cum Head delivered the welcome address. Dr.N.Johnson, Head i/c, Department of Lifelong learning delivered special address. In his address he highlighted on the importance of soft skills, taught the various ways to enhance the soft skills and be a fitting person in the job market. Moreover he also highlighted gave hands on training to enhance the communication skills and conducted games pertaining to increase of positive attitude among the younger generation. Dr.M.Neethiperumal, Teaching Assistant,

Department of Lifelong Learning said how to avoid usage of mobile phone for longer time which kills the creativity and cause ill effect among the students. Social media should be used properly for enhancing the skills rather than as an entertainment factor. Dr.S.Alagu, Assistant Professor, Department of Information Technology gave vote of thanks. The students gave a positive feedback about the workshop. Nearly 150 students got benefited through the workshop.



Workshop – 18.05.2022

Idhaya College in collaboration with department of Lifelong Learning conducted a one day skill development programme on Re-Invent Yourself: Self Development and Leadership Training Programme at Idhaya College for Women, Sarungani on 18.05.2022. Sr.Dr.C.Jothimary, Principal delivered welcome address. . Dr. N. Johnson, Head i/c, Department of Lifelong Learning delivered the special address. In his address he highlighted on the Self-awareness, Goal-setting, Communication skills, Emotional intelligence, Leadership skills and Problem-solving skills. A self-development and leadership training program can be an excellent way to develop the skills and competencies

required to succeed in personal and professional life. The ways of reinventing oneself was highlighted in this workshop. Dr.M.Neethiperumal, teaching assistant, Department of Lifelong Learning spoke on time management and managerial etiquettes. Dr.Usha, Assistant Professor delivered the vote of thanks. Nearly 150 students attended the programme. Students expressed their positive views regarding the workshop.



Broad Based Board of Studies – 08.07.2022

The department of Lifelong Learning conducted broad based board of studies to revise and update the syllabi for M.A Life Skill Education from the academic year 2022-23. The Meeting of the board of studies was held on 08.07.2022 at 10:30am in the Department of Lifelong Learning. Dr.N.Johnson, Head i/c, Department of Lifelong Learning acted as a Chairperson for the Broad Based Board of Studies. Dr.Oliver Robinson, Associate Professor, University of Greenwich, London acted as a foreign subject expert. Dr.V.P.Matheswaran, Professor and Head, Department of Adult & continuing Education, University of Madras, Chennai, Dr.S.Anbazhagan, Professor and Head, Department of Lifelong Learning, Bharathidasan University, Tiruchirappalli, Dr.L.Raja, Professor and Head, Department of Lifelong Learning & Extension, Gandhigram, Dr.V.Sivakumar, Director, Curriculum Design & Development Cell, Alagappa University, Karaikudi acted as a subject expert for the

broad base board of studies.



Inspection Commission – 19.07.2022

The Faculty of Department of Lifelong Learning acted as Subject Expert of Inspection Commission on 19.07.2022 to inspect Theivanai Ammal College for Women (Autonomous), Villupuram for grant of new programme for the academic year 2022-2023.



Workshop – 16.08.2022

The Dept of Lifelong Learning has conducted workshop

on Professional Career and Development on 16.8.2022 at 10.30 am. The workshop was inaugurated by Prof. P. Sivakumar, Special Officer, Professor & Head, Dept of Education (DDE), Alagappa University, Karaikudi and Prof. C.Vethirajan, Director, AISD, Professor & Head Department of Corporate Secretaryship. During the workshop Dr.V.A.Anand, Dept of Logistics Management acted as resource person. The workshop was attended by 60 students. Dr. N. Johnson, Head i/c, Dept of Lifelong Learning gave welcome Address. Dr. M. Neethiperumal, Adjunct Faculty proposed vote of thanks.



Shikshak Parv 2022 - 07.09.2022 to 09.09.2022

The Department of Lifelong Learning has organized Shikshak Parv 2022: National Level Online Lecture Series from 07.09.2022 to 09.09.2022. Dr. N. Johnson, Head i/c, Department of Lifelong Learning welcomed the gathering. Dr. Sameer Babu, Associate Professor, Department of Adult & Continuing Education & Extension, Jamia Milia Islamia, New Delhi delivered lecture on the topic entitled “Teacher’s Role towards

inclusive State of Affairs: A Practical Perspective”. Dr. Amareswaran Reddy, Assistant Professor & UGC Research Awardee, Department of Education, North Eastern Hill University, Meghalaya delivered lecture on the topic entitled “Technology Enabled Teaching Learning for Teacher’s in Digital Era”. Dr. Ajay Kumar Singh, Director, Centre for Comparative Religion and Civilizations, Central University of Jammu delivered lecture on the topic entitled “Value Education in Teacher-Student Relationship in Post COVID Era”. Dr. Rajesh, Senior Professor & Head, Dept. of Adult, Continuing Education & Extension, University of Delhi

delivered lecture on the topic entitled “Futuristic Role of Teachers in Indian Knowledge System”. Dr. B. Syam Mohan David Raju, Professor, Dept. of Adult and Continuing Education, Sri Venkateswara University, Tirupathi delivered lecture on the topic entitled “Problems, Prospects & Challenges of Higher Education in India”. Prof. E. Ramganes, Professor, Dept. of Educational Technology, Bharathidasan University, Tiruchirappalli delivered lecture on the topic entitled “Dr. Radhakrishnan Thoughts and Relevance to Present Society”. Dr.M.Neethi Perumal, Adjunct Faculty, Department of Lifelong Learning delivered a vote of thanks.



World Senior Citizen Day - 09.09.2022

The Department of Lifelong Learning has organized “World Senior Citizen Day” on 09.09.2022. Dr. N. Johnson, Head i/c, Department of Lifelong Learning welcomed the gatherings and spoke on the importance of celebration of World Senior Citizen Day at National and International perspectives. Further the statistical

data of senior citizens are highlighted and how knowledge bank of senior experts shall be used for nation building. In this workshop, Prof.G.Ravi Vice-Chancellor, Alagappa University, Karaikudi presided over the function. In his presidential address,he spoke about the significance of senior citizens in society and how society should respect them. He also highlighted the present young generation to give priority to safeguard the senior citizens in the society and how the foreign countries treat their senior citizens. He also highlighted the report of World Health Organization, which states that 200 million people over 60 years old in 1950; by 2000 that number had tripled to nearly 600 million and by 2025 it is estimated that there will be over 1 billion older persons. He expressed his view as “A decline in number of Homes for the Aged will be a sure indicator of increasing humanism”. Dr. KR. Subbaiah, Ex.Army Medical Corps, Karaikudi delivered a special address. In his special address, he reveals the feelings and expectations of senior citizens in society. He also narrated realistic stories to motivate the younger generation to give respect to senior citizens. Further he also spoke on the medical tips for healthy living of senior citizen. Dr.J.Sujathamalini, Dean, Faculty of Education delivered a felicitation address. In her felicitation address, she glorified the value of senior citizens in society. She also narrated a story that motivates the students to respect the elders in society. Dr.M.Neethi Perumal, Adjunct Faculty, Department of Lifelong Learning delivered vote of thanks.



Gulafsha Parveen, I-Year, M.A Life Skill Education, Department of Lifelong Learning received first Place in Essay competition held during World Senior Citizen day.



Tree Plantation Campaign – 21.09.2022

Department of Lifelong Learning has conducted tree plantation campaign in the portals of faculty of Education. Dr.N.Johnson, Head i/c, Department of Lifelong Learning and Dr.J.E.Merlin Sasikala, Principal i/c, acted as Organizing Secretary for the tree plantation to ensure green environment for portals of the faculty of education, various saplings were planted by the faculty of department of Lifelong Learning and Alagappa University College of education.



International Invited Lecture – 29.09.2022

The Department of Lifelong Learning has organized an International invited lecture on 29.09.2022 for our Post graduate and B.Ed students, Dr. N. Johnson, Head i/c, Department of Lifelong Learning welcomed the gathering. Dr.C.Anbuchelvan, Faculty, Alagappa university College of Education, delivered felicitation address. Dr.S. Franklin Thambi Jose, Senior Lecturer, Faculty of Languages and Communication, Sultan Idris Education University, Malaysia delivered lecture on the topic entitled “Importance of Communication Skills in Digital Era”. Dr.M.Neethi Perumal, Adjunct Faculty, Department of Lifelong Learning delivered vote of thanks.



Workshop - 15.11.2022

The Department of Lifelong Learning has organized a workshop on “Professional Career & Development” on 15.11.2022. Dr. N. Johnson, Head i/c, Department of Lifelong Learning welcomed the gathering and highlighted the crux of conducting this workshop. In this

workshop, Prof. K. Alamelu, Director, IQAC, Professor & Head, Department of Bank Management, Alagappa University, Karaikudi presided over the workshop. In her presidential address, she spoke about various skills related to professional & career development and how it is to be developed by the aspirants. She also highlighted the notable professional successors and their life stories. She also spoke on the continuous process of improving one's skills, knowledge, and experiences to enhance career opportunities, job satisfaction, and overall professional growth. Prof. V. Sivakumar, Director, CDDC cell, Professor & Head, Department of Logistics Management. Alagappa University has delivered a special address. In his special address, he narrated a few remarkable personalities and their successful steps in the field of business. Dr.M.Neethi Perumal, Adjunct Faculty, Department of Lifelong Learning delivered vote of thanks.



Workshop – 17.11.22

The Department of Lifelong Learning in collaboration with Alagappa University College of Education conducted a workshop on Promoting Mental Health &

Mindfulness on 17.11.2022. Dr. M.Sanmuga Revathi, Assistant Professor, AUCE welcomed the gathering. Dr.J.E.Merlin Sasikala, Principal i/c, AUCE gave felicitation address. Dr. N. Johnson, Head i/c, Department of Lifelong Learning delivered keynote address. He spoke on the mindfulness which is the practice of intentionally bringing one's attention to the present moment without judgment and about mental health which deals to a person's overall psychological and emotional well-being. Prof.R.Thirumalaisamy, Former Vice Chancellor delivered special address. He Highlighted on Mindfulness, where individuals set aside dedicated time to focus on their breath, bodily sensations, or specific mindfulness techniques. It can also be incorporated into daily activities, such as eating mindfully by savouring each bite, engaging in mindful walking by paying attention to the sensations of walking, or simply taking moments to pause and observe the present throughout the day. By practicing mindfulness regularly, individuals can develop a greater capacity to respond to life's challenges with clarity, calmness, and compassion. It can help individuals become more attuned to their own needs and emotions, improve relationships with others, and cultivate a deeper sense of gratitude and appreciation for the present moment. He further spoke on the ways of promoting mental health. Dr.G.Rajeswari, Assistant Professor, AUCE proposed vote of thanks. Students from the Department of Lifelong Learning and AUCE participated in the workshop. Nearly 150 students participated in the programme.





Workshop - 27.11.2022

The Department of Lifelong Learning has organized a workshop on “Visual Effects and Animation” on 27.11.2022. Dr. N. Johnson, Head i/c, Department of Lifelong Learning welcomed the gathering. In this workshop, Prof. P. Sivakumar, Special Officer (P&D), Professor & Head, Department of Education (DDE), Alagappa University, Karaikudi presided over the workshop. In his presidential address, he spoke about importance of visual effects and animation for present technological era. He also highlighted various job opportunities in the field of visual effects and animation. Mr. P. Thirumalaiselvan, Expert in VFX & Career Guidance, ICAT Design & Media College, Chennai, and Mr.N.M.Varan, Technical Expert in VFX & Cinematographer, ICAT Design & Media College, Chennai delivered a special address. In their special address, they explained different visual effects techniques and also explained about the importance of animation. Dr.M.Neethiperumal, Adjunct Faculty, Department of Lifelong Learning delivered vote of thanks.



The Faculty members of the Department of Lifelong Learning involvement in various academic activities.

- Acted as a Chair Person for the International Conference on Discouraging Education for Mental Health Organised by Department of Education, Aligarh Muslim University Centre, Malappuram in Collaboration with Department of Education, University of Kerala from 05.01.2022 to 06.01.2022.
- Acted as an Invited speaker for the International Level Faculty Development Programme on “INNOVATIVE APPROACHES FOR OUTCOME BASED TEACHING LEARNING IN HIGHER EDUCATION” at AJEENKYA DY PATIL UNIVERSITY, CHAROLI, PUNE on 25.02.2022.
- Acted as Keynote speaker and delivered talk on Skill Development among Youth in the AZADI KA AMRIT MAHOTSAV (AKAM) National Webinar on “Psychological Aspects of Entrepreneurship” organized by Centre for Extension Studies, Sri Venkateswara University, Tirupati, Andhra pradesh on 26.02.2022.
- Acted as a Panelist in the International Multidisciplinary Web Conference discussion on 15.03.2022 conducted by St.Joseph College of Teacher Education for Women, Ernakulam, Kochi, Kerala, India.

Invited Lecture Series

- Mr.S.P.Nachiappan, delivered invited lecture entitled “Life Skill Practices” on 08.03.2022.
- Dr.J.E. Merlin Sasikala, Associate Professor, AUCE delivered invited lecture entitled “Enrichment of Values in Today’s Era” on 15.03.2022.
- Dr.G.Rajeswari, Assistant Professor, AUCE delivered invited lecture entitled “Communication Skills” on 15.03.2022.
- Dr.R.Portia, Assistant Professor, AUCE delivered invited lecture entitled “Emotional Intelligence and Coping with stress” on 22.03.2022.

- Dr.J.Jayachitra, Assistant Professor, AUCE delivered invited lecture entitled “Essential of Life Skills with special reference to Emotional Intelligence and Stress Management” on 22.03.2022.
- Dr.M.Sanmuga Revathi, Assistant Professor, AUCE delivered invited lecture entitled “Thinking Skills” on 29.03.2022.



- Dr.A.Rube Jesintha, Assistant Professor, AUCE delivered invited lecture entitled “Yoga for Human Well Being” on 29.03.2022.



- Dr.I. Sivakumar, Adjunct Faculty, Department of Women Studies, Alagappa University delivered invited lecture entitled “Methods to enhance Life skills” on 26.04.2022.
- Dr.R.Portia, Assistant Professor, AUCE delivered invited lecture entitled “Stress Coping Strategies” on 30.08.2022.

- Dr.I. Sivakumar, Adjunct Faculty, Department of Women Studies, Alagappa University delivered invited lecture entitled “Prospects of International Relationship” on 06.09.2022.
- Dr.J.Jayachitra, Assistant Professor, AUCE delivered invited lecture entitled “Exploring the Prospects of Social Psychology” on 20.09.2022.



- Dr.A. Pio Albina, Assistant Professor, AUCE delivered invited lecture entitled “Work place Etiquette & Presentation skills” on 20.09.2022.
- Prof. Thirunaukkarasu, Visiting Faculty, Department of English and Foreign Languages, Alagappa University delivered invited lecture entitled “Techniques for content writings” on 18.10.2022.



- Dr.D. Maniazhagu, Associate Professor, Department of Physical Education and Health Sciences, Alagappa University delivered invited lecture entitled “Promoting Mental Health through Yoga” on 08.11.2022.



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